

How to Practice Visual Faith® in Seven Easy Steps

by Jenny Long

1) **PRAY!**

What is God calling you to be and to do?

Are you being called to a daily deep dive into His Word?

Are you being called to become a dedicated person of prayer?

Are you being called to share your faith
in engaging ways with your family?



2) **DISCERN!**

Commit to keeping the Main Thing as the Main Thing.

Know your capacity for daily devotional time.

The VFM website is chock full of resources,
ideas, events, and projects.

Just because you can engage with every single one of them
doesn't mean you necessarily should.

The goal at VFM is to encourage a deeper relationship with
Jesus by slowing down, paying attention, and dealing with
distractions. Process is valued over product. Always.



3) **DECIDE!**

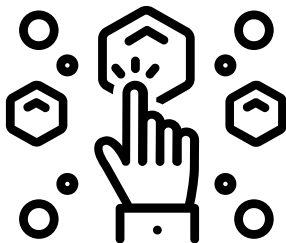
What practice(s) will you take on?

Where is the Holy Spirit leading you?

Will you Scripture Scribe this year?

Will you commit to participating in the monthly Day of Prayer?

Will you engage in a Logos 365 journey?

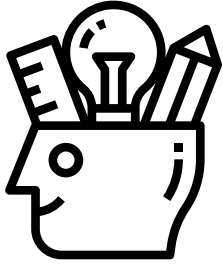


How to Practice Visual Faith® in Seven Easy Steps con't

by Jenny Long

4) **CONTAIN IT!**

How might you record/remember/reflect throughout your devotional time? Will you use index cards or a composition notebook or a sketchbook or a handmade journal? It is perfectly fine to test one of these and shift to something else as you settle into your devotional practice.



5) **TRY IT!**

Jump in and try it.
Adjust as you go.
Bring a friend into the scenario
and "travel" with Jesus together.



6) **GIVE GRACE!**

You will miss a day.
You might miss a week. You might need a reset.
VFM Coach Sara Wilson writes "grace"
in the blanks of the days that are missed.
As VFM Coach Carolyn Bira often reminds us,
God shows up when we do not. He is always faithful.



7) **BE IN COMMUNITY!**

Our Visual Faith Ministry community is here to encourage you,
and we crave encouragement from you!
Share your journey on our FaceBook page.
Post pictures of your daily devotional practices.
Pose questions. Provide responses to the
questions of others. Iron sharpens iron (Proverbs 27:17).

